

## **DR. LINDA HANCOCK – MEDIA PAGE**

Contact Dr. Linda Hancock  
403-529-6877 (office)

403-529-0564 (home)

[linda@drindahancock.com](mailto:linda@drindahancock.com)

[www.LindaHancockSpeaks.com](http://www.LindaHancockSpeaks.com)    [www.drindahancock.com](http://www.drindahancock.com)

### **INTRO:**

Right now the world seems kind of CRAZZZZZZY and its affecting every aspect of our lives. Our next guest has helped over 6,000 people to confront the things that stopped or slowed their journey towards reaching their potential!

Dr. Linda Hancock is an author, newspaper columnist, Registered Psychologist and Social Worker. She will show you that instead of just “surviving” the chaos in the world – you can actually turn your life into an adventure – beginning TODAY!

Welcome Dr. Linda

### **SAMPLE QUESTIONS:**

1. You say that the world is kind of CRAZZZZYYY now. What do you mean by that?
2. How are these things negatively affecting people and threatening their well-being?
3. It sounds rather bleak. Is there hope?
4. Is there a formula or solution for dealing with our problems?
5. Is it possible to be in the middle of a chaotic world, be dealing with personal problems and experience life as an adventure at the same time?
6. Your new book “Life is an Adventure...Every Step of the Way” describes your travel to ten different cities and the experiences you had there. Do you need to leave your community or spend a lot of money in order to turn chaos into adventure?
7. Would you tell our listeners a couple of things that they can do to begin their personal adventure TODAY?

### **EXTRO:**

Dr. Linda has encouraged all of us to rediscover a passion for living.

If you'd like to learn the ten steps that will turn your life an adventure visit her website at [www.LindaHancockSpeaks.com](http://www.LindaHancockSpeaks.com)

### **DETAILED BIO:**

Dr. Linda Hancock was born and raised in the prairie town of Indian Head, Saskatchewan, Canada. Following high school graduation, she worked in various administrative positions and was an extremely active mother of three children.

Linda earned degrees in Arts, Social Work, Education and Psychology to the Doctoral level. (As she says, she had to spend her time and money on something, because she doesn't golf!)

As a Registered Psychologist and Registered Social Worker, Dr. Hancock helps individuals, groups, organizations and communities to problem-solve and reach their potential. She is a trained mediator who has worked as a Child Welfare Case Manager and Investigator, Mental Health Consultant, and educator teaching in college and university settings. Her professional career has spanned the fields of justice, health and education.

Linda is a communicator. She speaks professionally, serves as a consultant for media personnel, and is also a published writer and newspaper columnist. She has given presentations at annual meetings, fundraising dinners, and community events for professionals, businesses, students and school personnel. She has also prepared and provided workshops for organizations and groups across North America and in Jamaica.

One of Linda's most requested keynote addresses is "Life is an Adventure" in which she combines her personal experiences, extensive work history and academic training into a hilarious but thought-provoking message. Its popularity has led to this book and other resources with the same title. Throughout the years Linda has served as a volunteer on several local, provincial and national committees and boards. Linda is also a musician who treasures every moment that she can be with her grandchildren.

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