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Media Release

DO YOU KNOW HOW TO TURN A STRESSFUL AND CHAOTIC LIFE INTO A WONDERFUL ADVENTURE?

Right now the world seems kind of CRAZZZZZZZY:

- The stock market is on a roller-coaster ride
- Technology has turned the 9 to 5 workday into a 24/7 marathon
- Employees are taking medical leaves after being diagnosed with depression or anxiety disorders
- Dating has been replaced by just “hanging out”
- Family time has deteriorated into sharing French fries on the ride to hockey practice
- And sex well...

Dr. Linda Hancock is a newspaper columnist, author, Registered Psychologist and Social Worker who has helped over 6,000 people turn their chaotic lives into an adventure. She will captivate your listeners with her interesting stories and practical strategies – all of which are oozing with humour and hope!

To book an interview call 403-529-6877 or 403-529-0564 or email linda@drindahancock.com